



**New York State Unified Court System  
Office of Court Administration  
Division of Human Resources  
Court Officer Staffing & Security Services  
Court Officer - Trainee  
PHYSICAL ABILITY TEST POINTS TABLE**

FAIL

Point Value	Push-Ups	Illinois Agility Run (in seconds)	Sit-Ups	Beep Test (levels/stages)
0	2 or less	22.69 or slower	16 or less	L3 - S2 or less
1	3	22.68 - 22.65	17 - 18	L3 - S3
2	4 - 5	22.64 - 22.19	19 - 20	L3 - S4 – L3 - S6
3	6 - 7	22.18 - 21.73	21 - 23	L3 - S7 – L4 - S3
4	8 - 10	21.72 - 21.27	24 - 26	L4 - S4 – L4 - S6
5	11 - 13	21.26 - 21.02	27 - 29	L4 - S7 – L4 - S8
6	14 - 29	21.01 - 19.64	30 - 37	L4 - S9 – L6 - S6
7	30 or more	19.63 or faster	38 or more	L6 - S7 or more

The passing score for the physical test battery requires an individual to achieve **20 or more** points across the four tests **AND** have at least one point on each test. **Candidates receiving a 0 in any of the four tests will fail the physical ability test. For example:**

	Candidate A	Candidate B
Push-Ups	7	6
Illinois Agility Run	7	5
Sit-ups	0	4
Beep Test	7	5
<b>Total Points</b>	<b>21 FAIL</b>	<b>20 PASS</b>

Please refer to the New York State Unified Court System Court Officer-Trainee Candidate Physical Ability Test Preparation Guide. <http://www.nycourts.gov/CAREERS/cot/pdfs/Prep%20Guide.pdf>