



A program to help parents reduce the impact of their breakup on the children

Description:

A.C.T.~For the Children provides divorcing or separating parents, at any stage of their breakup, with information and strategies to help their children and themselves through the often difficult family changes caused by a divorce or separation. The primary goal is to teach parents ways to reduce the stress of family changes, parent effectively, and protect their children from the harmful effects of ongoing conflict. A.C.T.~For the Children is presented through the volunteer efforts of mental health professionals, judges, and attorneys.

What to Expect:

The four and one-half hour (4-1/2 hour) class consists of two components:

- Legal Process - addresses the factors judges consider when making a custody decision, child support, importance of complying with court orders, and ways to resolve issues of the breakup through negotiation or litigation.*
- Parent and Child Well-Being - looks at the impact of breakup on parents and children, the importance of parents taking care of themselves so they can parent well, how to have a good relationship with and support your child, the importance of keeping your child out of your conflict with the other parent and ways to interact with the other parent to reduce conflict.*
- Parents are provided with a Parent's Handbook and Resource Manual.*
- Class is held in downtown Rochester - location to be given with enrollment confirmation.*

Enrollment:

- A **confidential** enrollment form (printed on reverse side) must be completed and submitted to contact below. Fee is \$100.00 and nonrefundable. Scholarships are available based upon need. See contact information below to obtain a scholarship application form.*

Contact information:

- A.C.T. ~ For the Children-Rochester, NY, 279 Castlebar Road, Rochester, NY 14610
Phone: 585/615-8032. Fax: 585/784-4227
E-mail: actforchildrenroc@gmail.com
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