

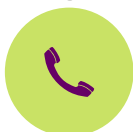
LIFT

Legal Information for Families Today



LIFT offers free legal information and guidance on New York family law.

In New York Family Court, many families are navigating the court process with no lawyer. **LIFT is here to help, for free.**



Our Helpline gives family law information by phone, chat and email: **800-696-8629**, or online at LIFTonline.org.



Legal Resource Guides explain family law and the court process. Find the guides on our website, or in partnering New York Family Courts.



Family Legal Connection connects litigants to a pro bono attorney via video chat, for in-depth family law help.



Learn more about how LIFT can support you:



Visit us online www.LIFTonline.org
Call our Helpline at **800-696-8629**, Monday-Friday, 9am-1pm and 2pm-5pm



Family Legal Connection information, email: probono@LIFTonline.org



LIFT materials, signage, and program information, email: outreach@LIFTonline.org